Reason for Referral: Community Resources

Low-Cost Counseling

This guide has been designed to assist you in finding a qualified therapist and/or community resources that can help you resolve your difficulties and improve your well-being. You will be making a commitment that involves time, effort, and cost. Many people who have received counseling and/or accessed a variety of community resources have described it as one of the best investments they’ve made for improving their lives.

Name of Program: Richmont Counseling Centers
Name of Contact Person: Receptionist
Phone: 404-266-0695 ext 6110
Address: Six locations in Metro Atlanta area
Services/Program: Individual Counseling;
http://hopecounselingatlanta.com/locations/

Name of Program: Care and Counseling Center of Georgia
Name of Contact Person: Intake Specialist
Phone: 404-636-1457
Address: Multiple locations
Services/Program: Individual Counseling; http://cccgeorgia.org/counseling-services/low-cost-clinic/

Name of Program: The Link Counseling Center
Name of Contact Person: Intake/Receptionist
Phone: 770-541-1114
Address: 1820 The Exchange, Suite 650, Atlanta, Georgia 30339
Services/Program: Individual Counseling;
http://www.thelink.org/about_the_link.htm

You may want to contact all of them before making a decision. If you plan to use medical insurance to help cover the cost of therapy, you will need to know the level of coverage your insurance plan provides for the services offered.

What to say when contacting a Therapist
When you call, indicate that you are looking at possible therapists and gathering information to make a decision. Be ready to leave your phone number and a time you can be reached in case the therapist is unavailable when you call. It is important that you choose a therapist with whom you feel comfortable and at ease, since your treatment will involve working together as a team.
When contacting a therapist, there are several questions you will want to ask:

- What days and times are you currently available?
- Where is your office located?
- Could you describe your helping approach?
- What are your fees? ($80 - $120 per session is the range of standard fees. Some counselors and agencies have sliding scales that start as low as $5. Agencies such as the Behavioral Health Center are less expensive and have sliding scales.)
- Will you accept my insurance coverage? Will you directly bill my insurance company? Do you have a sliding fee scale or will you set up a payment plan?
- Do I have to pay “up front” for services?

**DISCLAIMER**

The KSU Counseling and Psychological Services (CPS) hopes this information will assist you in selecting a suitable therapist and/or accessing community based resources. Please be aware the therapists and/or resources we recommend are not affiliated with the university. CPS assumes no liability in the event you are not satisfied or helped by the community therapist and/or resources provided. However, if this does occur, please feel free to contact us (470-578-6600) for additional assistance with your therapy and/or resource interests.