PODCASTS

- Love, Food with Julie Duffy Dillon
- All Fired Up! with Louise Adams
- The Mindful Dietitian with Fiona Sutherland
- Food Psych with Christy Harrison, MPH, RD, LD
- Dietitians Unplugged Podcast
- Nutrition Matters with Paige Smathers, RDN, CD
- Real Talk with Heather Caplan

SOCIAL MEDIA

- Anna Sweeney, @dietitiananna (Instagram)
- Marci Evans, @marcird (Instagram)
- Diversify Dietetics, @diversifydietetics (Instagram)
- Moderation Movement (Facebook)
- Bethany Wheeler, @bethanydietitian (Facebook & Instagram)
- Megan Medrano, @runwhole.nutrition (Instagram)
- @youaintyourweight (Instagram)
- Aaron Flores, RD (Facebook & Instagram)
- Body Positive Australia (Facebook & Instagram)
- Figureate Dietitian (Facebook)
- AmIHungry? (Facebook)

NUTRITION RESOURCES

Dietitians’ Top Picks

- Health at Every Size - haescommunity.com
- Fiona Willer - healthnotdiets.com
- Lucy Aphramor - lucyaphramor.com
- Lindo Bacon - lindobacon.com
- Beauty Redefined - beautyredefined.net
- Southern Smash - southernsmash.org
- The Real-Life RD - thereallife-rd.com
- Imma Eat That - immaeatthat.com
- Leslie Schilling - leslieschilling.com
- Justine Roth Nutrition - redefinehealthy.com
- Fiona Sutherland - themindfuldietitian.com.au
- Marci Evans - marcird.com
- The Body is Not an Apology - thebodyisnotanapology.com
- Dare to Not Diet with Glenys Oyston - daretonotdiet.com
- Josee Sovinsky, RD - joseesovinksynutrition.com
- Megrette Fletcher - megrette.com
- Julie Duffy Dillon - juliedillonrd.com
- Whole Life Nutrition - wholeliferd.com
- Rebecca Scritchfield - bodykindnessbook.com
- Dana Sturtevant - benourished.org