

Tips To Effective Studying

1. Effective Studying Begins With Preparation
2. Be Aware of How You Use Your Time
3. Block out Time Each Day To Study
4. Plan to Study 1-2 Hours a Day for Each Hour In Class
5. Utilize Shorter Study Periods
6. Plan Ahead For Major Projects and Exams
7. Study the Same Subject at the Same Time Each Day
8. Study When You Are the Most Alert!
9. Mix Up the Types of Material You Are Going To Study
10. Choose a Quiet, Well-lit Place to Study
11. Be Organized!
12. Maintain Proper Health and Nutrition
13. Sleep, Exercise and "Me" Time!
14. Keep a Semester Calendar
15. Review Your Notes from Each Day's Class
16. Ask Questions in Class
17. Do the Assigned Homework
18. If You Need Help, Don't Procrastinate