



## **Shelli Cossel, MA, LPC, CPCS**

Licensed Professional Counselor

Certified Professional Counselor Supervisor

Shelli earned her BS Degree in Exercise Science at Seattle Pacific University; and MA Degree in Psychology and Counseling from Argosy University. She is licensed to practice counseling in the state of Georgia and certified to provide counseling supervision. Shelli joined CPS in 2013 bringing with her 10 years of practice experience from a counseling center, social service agency and her private practice. Her professional interests include health and wellness, stress management, anxiety reduction, grief and loss and spirituality. Her leisure time is spent with her family; attending sporting events, enjoying theatre and the

arts, pursuing health and fitness and reading.