



## **Jane Frederick, PMH-CNS, APRN**

### **Nurse**

Jane is an Adult Psychiatric-Mental Health Clinical Nurse Specialist, and has been at KSU since 2007. She earned her BS in Nursing from Minnesota State University at Mankato, a Masters' in Psychiatric Nursing from Georgia State University, and a Ph.D. in nursing from Georgia Regents University. She was on the KSU nursing faculty teaching psychiatric nursing for 2 years, and in 2009 joined the KSU Student Health Clinic to provide psychiatric assessment and medication management for students with mental health challenges.

Jane has worked in a variety of mental health settings including inpatient adolescent and adult psychiatric units, outpatient community mental health centers, and a psychiatric emergency clinic. Her nursing education has proven beneficial when helping students strive for mental and physical wellness and a balanced lifestyle. In her free time Jane enjoys reading, swimming, playing piano and spending time with her family and pets.