



## **Fatima Wasim, Ph.D NCC**

### **Professional Staff**

Dr. Wasim has extensive experience working at five different university counseling centers nationally. Dr. Wasim has also provided mental health therapy services at community mental health centers, and non-profit organization. Dr. Wasim earned her Bachelor's in Psychology and Masters of Science in Professional Counseling from Georgia State University, Atlanta Ga. She obtained her doctorate in Counseling Psychology from Oklahoma State University, Stillwater OK. She completed her APA accredited internship at Duke University's Counseling and Psychological Services and pursued her post-doctoral fellowship at University of North Carolina Wilmington's Counseling Center. Dr. Wasim is a licensed psychologist in the state of North Carolina and in the process of obtaining licensure in Georgia. She is also a *national certified counselor* (NCC). Dr. Wasim is currently a member of *American Psychological Association (APA)*, *Society of Counseling Psychology (SCP)*, and *Carolina group Psychotherapy Society (CGPS)*.

Dr. Wasim's professional interest involves working with students including multicultural populations and promoting holistic wellness through outreach, collaboration, and consultation. She has provided time-effective and culturally sensitive intake assessments, psychological assessments, individual and group therapy, career counseling, crisis assessment, and on-call coverage. She also enjoys conducting psycho-educational/outreach, training, and creating programs targeting common college student concerns. Dr. Wasim has worked with a variety of student presenting concerns, such as depression, anxiety, acculturation issues, adjustment to college, complex trauma, racial/cultural identity issues, anger management, interpersonal/dating violence, and suicidal/homicidal concerns. Her clinical areas of interest include anxiety and mood disorders. She has also enjoyed providing supervision to practicum students.

Dr. Wasim's approach to therapy is integrative and she incorporates principles of evidence based cognitive-behavioral, mindfulness, and relational-cultural approaches in her work. In her spare time, she enjoys connecting with her family, traveling internationally, trying different cuisines, photography, and event planning as hobbies.